

## Continuing Education/Continuing Medical Education (CE/CME)

### Palliative Care and Heart Failure: Top Ten Tips

Speaker: Haider J. Warraich, M.D.

**WHEN:** September 14, 2021 — 11:00 AM CST

**Register:** [IPCE Website](#)

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#### Presentation purpose:

Palliative care is specialized care that focuses on improving quality of life (QOL) through relief of stress and symptoms for patients with serious illness.

Palliative care is appropriate for any patient in the advanced stages of illness, including patients with heart failure (HF). HF patients not only suffer from dyspnea, fatigue, pain, nausea, anxiety, and depression, leading to significant psychosocial distress for both patients and their caregivers. Advance care planning and complex shared decision making become increasingly important as HF progresses.

#### Learning objectives:

- Learn about the unpredictable nature of heart failure prognostication and what therapies improve symptoms and quality of life, not just survival
- Explore the burdensome symptoms of heart failure beyond dyspnea and how the ejection fraction does not predict survival in order heart failure patients
- Understand the value of thoughtful discussions and when to engage palliative care or hospice

#### Target audience:

This activity is designed for the interdisciplinary audience including physicians, nursing, pharmacy, psychologist, PA & Social Workers

#### Accreditation



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Ascension is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### Credit designation:



IPCE CREDIT™

This activity was planned by and for the healthcare team, and learners will receive 1.0 IPCE credits for learning and change.

#### Faculty/Course Director/Planners:

Ascension has selected all faculty participating in this activity. It is the policy of Ascension that all CE/CME planning committees, faculty, authors, editors, and staff disclose relationships with commercial interests upon nomination or invitation of participation. Disclosure documents are reviewed for potential conflicts of interest and if relevant, they are resolved prior to confirmation of participation. Only those participants who have no conflict of interest or who agreed to an identified resolution process prior to their participation were involved in this activity.

#### Conflict of Interest:

In accordance with the ACCME Standards for Commercial Support, it is the policy of Ascension to ensure balance, independence, objectivity and scientific rigor in all CE/CME activities. Full disclosure of conflicts and conflict resolution will be made in writing via handout materials or syllabus.

#### Commercial Interest:

No commercial interest was received for this CE/CME activity.

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
Sara Damiano, LCSW	Activity Coordinator, Planner	Nothing to disclose - 06/17/2021
Haider J Warraich, MD	Faculty	Scientific Advisor-Embrace Prevention Care-Relationship_has_not_ended - 08/12/2021 <input type="checkbox"/>